



# Cold Drinks

Standard Storage only	Item	Menu Item	Ingredients	WHEAT	GLUTEN	GLUTEN SOURCE	EGGS	MILK & MILK PRODUCTS	SOY	FISH	MOLLUSC	CRUSTACEA	PEANUTS	TREE NUTS	TREE NUTS SOURCE	LUPINS	SESAME	SULPHITES	Serving Size (g)	Energy (kJ)	Protein (g)	Fat Total (g)	Fat Saturated (g)	Carbohydrate (g)	Sugars (g)	Sodium (mg)	Serving Size / 100g	Energy (kJ) / 100g	Protein (g) / 100g	Fat Total (g) / 100g	Fat Saturated (g) / 100g	Carbohydrate (g) / 100g	Sugars (g) / 100g	Sodium (mg) / 100g		
<input type="checkbox"/>	<input type="checkbox"/>	<b>Cold Drinks</b>	<b>COOL DRINKS</b> COOL DRINKS are made with natural water, with the addition of ingredients to enhance the taste. They are not made with any artificial sweeteners, and are not made with any artificial flavours. They are not made with any artificial colours, and are not made with any artificial preservatives. They are not made with any artificial anything, and are not made with anything else.																																	
<input type="checkbox"/>	<input type="checkbox"/>	<b>COOLDR</b>	Carbonated Water, Sugar, Citrus (100%), Food Acid (20%), Flavour, Caffeine			N		N	N	N	N	N	N	N		N	N	N	N	340	588	0.0	0.0	0.0	34.7	37.4	33	100	173	0.0	0.0	0.0	10.2	11.0	10	
<input type="checkbox"/>	<input type="checkbox"/>	<b>COOLDR NO SUGAR</b>	Carbonated Water, Colour (100%), Food Acid (20%, 3%), Sweeteners (95%), Preservative (21%), Flavour, Caffeine			N		N	N	N	N	N	N	N		N	N	N	N	340	1080	0.0	0.0	0.0	63.5	63.5	60	100	173	0.0	0.0	0.0	10.2	10.2	10	
<input type="checkbox"/>	<input type="checkbox"/>	<b>DIET COOLDR</b>	Carbonated Water, Colour (100%), Artificial Sweeteners (95%), Food Acid (20%, 3%), Flavour, Preservative (21%), Caffeine			N		N	N	N	N	N	N	N		N	N	N	N	340	3	0.0	0.0	0.0	0.0	0.0	37	100	1	0.0	0.0	0.0	0.0	0.0	0.0	11
<input type="checkbox"/>	<input type="checkbox"/>	<b>SPRITED</b>	Carbonated Water, Sugar, Food Acid (20%, 3%), Flavour, Preservative (21%)			N		N	N	N	N	N	N	N		N	N	N	N	340	578	0.0	0.0	0.0	34.0	34.0	48	100	170	0.0	0.0	0.0	10.0	10.0	14	
<input type="checkbox"/>	<input type="checkbox"/>	<b>FRUITAB ORANGE</b>	Carbonated Water, Sugar, Food Acid (20%), Flavour, Preservative (21%), Artificially Flavour (1%), Colour (1%)			N		N	N	N	N	N	N	N		N	N	N	N	340	738	0.0	0.0	0.0	43.4	43.4	61	100	170	0.0	0.0	0.0	10.0	10.0	14	
<input type="checkbox"/>	<input type="checkbox"/>	<b>FRUITAB RASPBERRY</b>	Carbonated Water, Sugar, Flavour, Food Acid (20%), Preservative (21%), Sweetener (96%), Colour (1%)			N		N	N	N	N	N	N	N		N	N	N	N	340	738	0.0	0.0	0.0	44.2	44.2	48	100	217	0.0	0.0	0.0	10.0	10.0	14	
<input type="checkbox"/>	<input type="checkbox"/>	<b>MOUNT FRANKLIN WINTER BOOM!</b>	Australian Spring Water			N		N	N	N	N	N	N	N		N	N	N	N	600	0	0.0	0.0	0.0	0.0	0.0	100	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	5
<input type="checkbox"/>	<input type="checkbox"/>	<b>ORANGE JUICE Med</b>	Orange Juice From Concentrate (99.9%), Preservatives (21.2%), Colour (10%), Flavour Contains Sulphites			N		N	N	N	N	N	N	N		N	N	N	N	340	405	2.7	0.0	0.0	85.0	85.0	75	100	179	0.0	0.0	0.0	25.0	25.0	22	
<input type="checkbox"/>	<input type="checkbox"/>	<b>ORANGE JUICE Large</b>	Orange Juice From Concentrate (99.9%), Preservatives (21.2%), Colour (10%), Flavour Contains Sulphites			N		N	N	N	N	N	N	N		N	N	N	N	623	1150	5.0	0.0	0.0	156.0	156.0	137	100	176	0.0	0.0	0.0	26.0	26.0	22	
<input type="checkbox"/>	<input type="checkbox"/>	<b>YOGURT APPLE JUICE BOOM!</b>	Apple Juice From Concentrate (99.9%), Vitamin C, Flavour, Food Acid (20%) Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0)			N		N	N	N	N	N	N	N	N		N	N	N	N	300	700	1.1	0.4	0.0	39.2	37.1	18	100	230	0.4	0.1	0.0	13.1	12.4	6
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Chocolate Syrup, Cocoa (4%), Water, Salt, Preservative (20%), Vegetable Gum (41%), Citric Acid			N		N	N	N	N	N	N	N		N	N	N	N	209	1160	8.1	6.4	4.2	48.4	43.5	188	100	555	3.9	3.1	2.0	22.2	20.8	90	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Chocolate Syrup, Cocoa (4%), Water, Salt, Preservative (20%), Vegetable Gum (41%), Citric Acid			N		N	N	N	N	N	N	N		N	N	N	N	276	1530	10.7	8.5	5.5	61.1	57.3	247	100	554	3.9	3.1	2.0	22.1	20.8	90	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Chocolate Syrup, Cocoa (4%), Water, Salt, Preservative (20%), Vegetable Gum (41%), Citric Acid			N		N	N	N	N	N	N	N		N	N	N	N	388	2040	14.3	11.3	7.3	81.7	76.6	330	100	554	3.9	3.1	2.0	22.1	20.8	90	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Chocolate Syrup, Cocoa (4%), Water, Salt, Preservative (20%), Vegetable Gum (41%), Citric Acid			N		N	N	N	N	N	N	N		N	N	N	N	288	1490	10.0	7.8	5.0	60.8	57.2	245	100	540	3.8	2.9	1.9	22.8	21.5	92	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>CHOCOLATE THICKSHAKE</b>	Chocolate Syrup, Cocoa (4%), Water, Salt, Preservative (20%), Vegetable Gum (41%), Citric Acid			N		N	N	N	N	N	N	N		N	N	N	N	388	2050	13.8	10.8	6.9	83.9	79.2	339	100	560	3.8	2.9	1.9	22.8	21.5	92	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>STRAWBERRY THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour Chocolate Syrup, Sugar, Water, Flavour, Colour (20%), Food Acid (20%), Thickener (41%), Preservative (21%)			N		N	N	N	N	N	N	N		N	N	N	N	195	1020	7.6	6.0	3.8	39.7	37.1	135	100	523	2.9	2.1	1.9	20.4	19.0	68	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>STRAWBERRY THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour Chocolate Syrup, Sugar, Water, Flavour, Colour (20%), Food Acid (20%), Thickener (41%), Preservative (21%)			N		N	N	N	N	N	N	N		N	N	N	N	288	1470	10.1	7.9	5.0	59.6	56.3	170	100	549	3.8	2.9	1.9	22.2	21.0	67	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>STRAWBERRY THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour Chocolate Syrup, Sugar, Water, Flavour, Colour (20%), Food Acid (20%), Thickener (41%), Preservative (21%)			N		N	N	N	N	N	N	N		N	N	N	N	309	1970	13.5	10.6	6.7	79.9	75.4	241	100	549	3.8	2.9	1.9	22.2	21.0	67	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>VANILLA THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour			N		N	N	N	N	N	N	N		N	N	N	N	221	1050	9.3	7.3	4.6	38.9	33.8	161	100	475	4.2	3.3	2.1	16.7	15.3	75	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>VANILLA THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour			N		N	N	N	N	N	N	N		N	N	N	N	295	1620	12.4	9.7	6.2	48.1	43.5	215	100	485	4.2	3.3	2.1	16.8	15.3	75	
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<b>VANILLA THICKSHAKE</b>	Syrup (5%), Milk, Milk Solids, Sugar, Cream, Malto-Oliverin, Vegetable Gums (47.4, 4.0), Mineral Salt (2.1, 2.0, 1.0), Flavour			N		N	N	N	N	N	N	N		N	N	N	N	392	1800	16.4	12.9	8.2	65.3	59.9	286	100	474	4.2	3.3	2.1	16.7	15.3	75	