

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Turkish Bread Bacon Egg

Ingredients: Turkish Roll (Water, **Wheat** Flour (contains Vitamin B (Thiamin) and Folic Acid), Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(ii)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat**, **Eggs**, **Milk**, **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Bacon Egg	Permanent	No	No	178	933	1664	11.1	19.8	10.5	18.8	5.2	9.3	20.3	36.3	2.7	4.8	492	878

Toastie Ham Cheese Tomato

Ingredients: Bread Toast Slice (Unbleached **Wheat** Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat** Fibre, **Wheat** Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Tomato Slice (Tomato), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet), Butter Clarified (**Milk** Fat)

Contains: **Wheat**, **Milk**

May be present: **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese Tomato	Permanent	Yes	No	146	835	1216	10.6	15.5	8.6	12.5	4.8	7.1	19.5	28.4	1.7	2.6	469	683

Toastie Ham Cheese

Ingredients: Bread Toast Slice (Unbleached **Wheat** Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat** Fibre, **Wheat** Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet), Butter Clarified (**Milk** Fat)

Contains: **Wheat**, **Milk**

May be present: **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Ham Cheese	Permanent	Yes	No	118	1,017	1195	13.1	15.5	10.6	12.5	6	7.1	23.4	27.6	1.6	1.9	580	682

Toastie Cheese

Ingredients: Bread Toast Slice (Unbleached **Wheat** Flour, Water, Baker's Yeast, Modified Tapioca Starch (1412), **Wheat** Fibre, **Wheat** Gluten, Vinegar, Iodised Salt, Vegetable Gum (412), Canola Oil, **Soy** Flour, Vegetable Emulsifiers (472e, 481, 471), Minerals (Iron, Zinc), Vitamins (Vitamin E, Niacin, Vitamin B6, Thiamin, Folic Acid)), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet), Butter Clarified (**Milk** Fat)

Contains: **Wheat**, **Milk**

May be present: **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Toastie Cheese	Permanent	Yes	No	93	1,175	1087	12.1	11.3	11.9	11.1	7.1	6.6	29.1	27	1.7	1.6	445	412

Hash Brown

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract)

Contains: **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Hash Brown	Permanent	No	Yes	58	1,180	685	2.4	1.4	18.9	11	2.1	1.3	26.1	15.2	0.5	0.3	419	244

Pancakes

Ingredients: Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Butter Portion (Butter (min. 45%) (**Milk**), Water, Canola Oil (min. 22%), Salt, Preservative (202), Vitamin A and D), Pancake (**Wheat** Flour, Water, Sugar, Canola Oil, Non-Fat **Milk** Solids (2%), Acidity Regulator (575), Whole **Egg** Powder (15%), **Wheat** Starch, Raising Agent (500), Salt, Preservatives (202,234), Emulsifier (471), Natural Vanilla Flavour, Vitamins (Thiamin, Folic Acid))

Contains: **Added Sulphites**, **Wheat**, **Eggs**, **Milk**

May be present: **Peanuts**, **Soy**, **Macadamia**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Pancakes	Permanent	No	Yes	147	1,103	1623	4.7	7	7.9	11.7	1.9	2.8	43.8	64.5	22.3	32.8	276	406

French Toast Fingers

Ingredients: Syrup Maple Flavoured Sachet (Sugar, Water, Natural Flavour, Stabiliser (466), Colour (150a), Preservative (202), Acidity Regulators (330, 500), Salt), Cinnamon Sugar (Sugar, Cinnamon (5%)), French Toast Fingers (**Wheat** Flour, Water, Trehalose, Sugar, **Soybean** Oil, Thickener (1414, 412, 415), **Milk** Powder (1%), Salt, Raising Agent (450i, 500ii, 170i, 341ii), Spices (Cardamom, Cinnamon), Yeast, Dextrose, Flavour, Emulsifier (471, 477, 472e, 473, 481), Sweetener (951, 955), Antioxidant (307, 300), Natural Colour (160a), Improving Agent (516))

Contains: **Wheat** (Gluten), **Milk**, **Soy**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
French Toast Fingers	Trial	Yes	Yes	119	1,556	1852	1.6	1.9	12.9	15.4	1.9	2.3	62.5	74.4	34.3	40.9	348	414

Turkish Bread Mega

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331 (iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat**, **Eggs**, **Milk**, **Sesame**, **Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Mega	LTO	No	No	240	955	2296	13.8	33.1	12.3	29.6	5.6	13.4	15.3	36.7	2.2	5.2	511	1228

Turkish Bread Bacon Egg Double

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331 (iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat**, **Eggs**, **Milk**, **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Bacon Egg Double	Permanent	No	No	210	929	1947	12.1	25.3	11.2	23.6	5.7	11.9	17.6	37	2.5	5.4	597	1252

Turkish Bread Sausage Egg

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331 (iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat**, **Eggs**, **Milk**, **Sesame**, **Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Sausage Egg	Permanent	No	No	200	1,021	2045	13.3	26.6	12.9	25.9	6	12	18.2	36.5	2.5	5	400	801

Turkish Bread Sausage Egg Double

Ingredients: Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331 (iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat**, **Eggs**, **Milk**, **Sesame**, **Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Turkish Bread Sausage Egg Double	Permanent	No	No	254	1,064	2699	15.4	39	14.9	37.8	6.8	17.4	14.5	36.9	2.1	5.3	429	1088

Wrap Mega Brekky

Ingredients: Beef Patty 5" (Beef 100%), Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450i), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331 (iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), **Eggs** (**Egg**))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**

May be present: **Added Sulphites**, **Fish**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap Mega Brekky	Permanent	No	No	371	1,063	3939	15.1	56	15.9	58.9	6.2	23.2	13	48.3	1.9	7.1	431	1599

Wrap BBQ Brekky

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), **Eggs** (**Egg**))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap BBQ Brekky	Permanent	No	No	260	1,010	2629	11.5	30.1	13.8	35.9	4.5	11.8	18.1	47.2	2.5	6.5	448	1167

Wrap Big BBQ Brekky

Ingredients: Hash Brown (Potatoes, Vegetable Oil (Contains one or more of the following: Canola, Palm, **Soybean**, Sunflower), Salt, Raising Agent (450), Dextrose, Spice Extract), Tortilla (**Wheat** Flour ((66%), Thiamine, Folic Acid), Water, Vegetable Shortening (Antioxidant (307b)), Sugar, Baking Powder (Mineral Salts (450, 500, 341)), Acidity Regulator (297), Mineral Salt (500), Preservative (282), Iodized Salt, Yeast), Beef Patty 4" (Beef (100%)), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Cheese SOS (Cheese (Cows **Milk**, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat **Milk** Solids (Cow's **Milk**), **Milk** Solids (Cow's **Milk**), Emulsifiers (331(iii), 322(i)), Acidity Regulators (330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), **Eggs** (**Egg**))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**

May be present: **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Wrap Big BBQ Brekky	Permanent	No	No	252	1,012	2553	11.1	28.1	13.8	34.8	4.8	12.1	18.7	47.2	2.5	6.4	418	1055

Jack's Brekky Roll

Ingredients: Bun Brioche (**Wheat** Flour, Water, Canola Oil, Sugar, Bakers Yeast, **Wheat** Gluten, Modified Potato Starch (1420), Iodised Salt, **Soy** Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), **Wheat** Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (**Wheat**)), Sausage Patty (Meat (96%) [Pork, Beef], Water, **Soy** Protein, Salt, Spices, Herbs, Sugar, Dextrose, Yeast Extract, Dehydrated Vegetable, Vegetable Oil), Bacon (Pork, Water, Cure (Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)), Wood Smoke), Cheese Natural (**Milk**, Salt, Starter Culture, Rennet), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**

May be present: **Added Sulphites**, **Sesame**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Jack's Brekky Roll	Permanent	No	No	235	1,052	2472	14.8	34.7	15.7	36.9	6.7	15.7	13	30.6	3	7.2	445	1045

Eggs Bene

Ingredients: Turkish Roll (Water, **Wheat** Flour [contains Vitamin B (Thiamin) and Folic Acid], Iodised Salt, Baco (Vegetable Oil and Fats contains 471, 476), Soft Improver (contains 481), Sugar, Yeast, **Sesame** Seeds (White and Black), Nigella Seeds), Ham Sliced Country (Pork, Cure (Salt, Sugar, Mineral Salts (450, 451), Dextrose (Maize or Tapioca), Antioxidant (316), Preservative (250)), Acidity Regulators (326, 262), Water, Modified Starch (1442 Maize or Tapioca), Vegetable Gum (407), Wood Smoke), Sauce Hollandaise (Canola Oil, Water, **Egg** Yolk Powder, Thickeners (1442, 415), Vinegar, Skim **Milk** Powder, Sugar, Salt, Concentrated Lemon Juice, Acidity Regulators (330,575), Preservatives (202, 211, 234), Natural Colour (160a), Natural Flavour, Black Pepper), Butter Clarified (**Milk** Fat), **Eggs** (**Egg**))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**, **Soy**, **Sesame**

Description	Store Status	Available in Select Stores	Halal?	Serving Size in Grams	Energy (kJ)	Energy (kJ) Per Serving	Protein (g)	Protein (g) Per Serving	Total Fat (g)	Total Fat (g) Per Serving	Saturated Fat (g)	Saturated Fat (g) Per Serving	Carbohydrates (g)	Carbohydrates (g) Per Serving	Sugars (g)	Sugars (g) Per Serving	Sodium (mg)	Sodium (mg) Per Serving
Eggs Bene	LTO	Yes	No	184	1,034	1903	9.9	18.2	15.4	28.4	4.4	8.2	17.7	32.6	1.6	3.1	425	783