

Nutritional Guide Report

* Nutritional base values are calculated per 100g

Chips Small

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Chips Small	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No

Chips Medium

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Chips Medium	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No

Chips Large

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil)

Contains: Natural Sulphites

May be present: Added Sulphites, Wheat

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Chips Large	Permanent	No	Yes	No				Trace	Yes	Trace	0	No	No	No	No	No	No	No	No				No	No

Nugget 3 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget 3 Pack	LTO	No	Yes	Trace				No	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

Nugget 6 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget 6 Pack	LTO	No	Yes	Trace				No	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

Nugget 12 Pack

Ingredients: Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

May be present: Added Sulphites, Eggs, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget 12 Pack	LTO	No	Yes	Trace				No	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

Onion Rings Medium

Ingredients: Onion Ring (Onion (50%), Water, Wheat Flour, Soybean Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, Wheat Gluten, Soybean Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: Wheat (Gluten), Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy

Onion Rings Medium	LTO	No	Yes	No				Yes	No	No	0	No	No	No	Yes	No	No	No			No	Yes
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Onion Rings Large

Ingredients: Onion Ring (Onion (50%), Water, **Wheat** Flour, **Soybean** Oil, Rice Flour, Thickener (1404, 1420, 415), Starch, Sugar, Onion Powder, Salt, Mineral Salt (450i, 500ii), Vegetable Oil, Whey Powder, **Wheat** Gluten, **Soybean** Flour, Yeast Extract, Corn Flour, Flavour, Brown Sugar.)

Contains: **Wheat** (Gluten), **Milk**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Onion Rings Large	LTO	No	Yes	No				Yes	No	No	0	No	No	No	No	Yes	No	No	No				No	Yes

Nugget Carry Cup

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: **Wheat**

May be present: **Added Sulphites**, **Eggs**, **Milk**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget Carry Cup	LTO	No	Yes	Trace				Trace	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

Nugget Snack Box

Ingredients: Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Raising Agents (450, 500), Thickener (415), Maltodextrin), Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract)

Contains: **Wheat**

May be present: **Added Sulphites**, **Eggs**, **Milk**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget Snack Box	LTO	No	Yes	Trace				Trace	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

Nugget Snack Box x 10

Ingredients: Chicken Nugget (Chicken (55%), Flour (**Wheat**, Maize, Rice), Water, Vegetable Oil, **Wheat** Starch, **Wheat** Gluten, Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat**, **Eggs**

May be present: **Added Sulphites**, **Fish**, **Milk**, **Sesame**, **Soy**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Nugget Snack Box x 10	LTO	No	Yes	Trace				Trace	No	Trace	0	No	Yes	Trace	No	Trace	No	No	No				Trace	Trace

Chicken Tender Strips 3 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**

May be present: **Milk**, **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Chicken Tender Strips 3 x pack	Permanent	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	Trace	No	Trace	No	No	No				Trace	Trace

Chicken Tender Strips 5 x pack

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Sauce Spicy Tub (Vegetable Oil (Vegetable Oil, Antioxidant [307]), Water, **Egg** Yolk (55%), White Vinegar, Sugar, Salt, Thickeners (1442, 1450, 415), Yeast, Chilli Powder (1%), Vegetable Powders, Lemon Juice Concentrate, Acidity Regulator (330), Preservative (202), Spice Extracts, Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**

May be present: **Milk**, **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
Chicken Tender Strips 5 x pack	Permanent	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	Trace	No	Trace	No	No	No				Trace	Trace

JFC Tender Snack Wrap Peppercorn

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Cracked Pepper Mayonnaise (Vegetable Oil [Includes Antioxidant (307)], Water, Vinegar, **Egg** Yolk (3.6%), Sugar, **Milk** Solids, Cracked Black Pepper (2.0%), Salt, Thickeners (1442, 1450, 415), Vegetable Powders, Flavour, Spice, Food Acid (270), Spice Extract, Preservative (202), Antioxidant (385))

Contains: **Wheat** (Gluten), **Eggs**, **Milk**

May be present: **Soy**, **Fish**, **Sesame**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
JFC Tender Snack Wrap Peppercorn	LTO	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	Trace	No	Yes	No	No	No				Trace	Trace

JFC Tender Snack Wrap Smoky BBQ

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce BBQ Smoky (Tomato Puree (48%), Sugar, Vinegar, Apple Paste, Thickener, Caramel Colour, Molasses, Salt, Smoke Flavour, Dehydrated Vegetables, Worcestershire Flavour, Spice)

Contains: **Wheat** (Gluten)

May be present: **Eggs**, **Milk**, **Soy**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
JFC Tender Snack Wrap Smoky BBQ	LTO	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Trace	No	No	Trace	No	No	No				No	Trace

JFC Tender Snack Wrap Spicy

Ingredients: Chicken Tenders Southern Style (Chicken (60%), **Wheat** Flour, Water, Vegetable Oil, Mineral Salts (508, 451, 452, 450, 500), Salt, Starch (Potato, Tapioca), Spices, Vegetable Gum (415), Herbs, Dehydrated Vegetables (Onion, Garlic), Flavour, Yeast Extract, Yeast, Sugar, **Wheat** Gluten), Tortilla Flour 5" (**Wheat** Flour [(64%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Mineral Salts (500, 450, 341), Acidity Regulator (297), Iodised Salt, Preservative (282), Yeast), Lettuce (Iceberg Lettuce), Sauce Signature Extra Spicy (Vegetable Oil, Water, Gherkin Puree (Gherkin, Food Acid [260]), Vinegar, Reconstituted Lemon Juice, Sugar, Chilli (Food Acid [260]), Thickeners (1442, 415), Salt, **Egg** Yolk Powder, **Mustard** Flour, Spices, Colour (160c), Preservatives (202, 211, 234), Acidity Regulator (330), Natural Flavours)

Contains: **Wheat** (Gluten), **Eggs**, **Mustard**

May be present: **Milk**, **Soy**, **Added Sulphites**

Description	Store Status	Available in Select Stores	Halal?	Cereal Gluten	Cereal Gluten Type	Gluten Cereals Detail	Cereal Trace	Wheat	Natural Sulphites	Added Sulphites	Quantity of Added Sulphites (mg)	Crustacea	Eggs	Fish	Lupins	Milk	Mollusc	Peanuts	Tree Nuts	Tree Nuts Type	Tree Nut Allergen Detail	Trace Tree Nuts	Sesame	Soy
JFC Tender Snack Wrap Spicy	LTO	Yes	Yes	Trace			Barley	Yes	No	Trace	0	No	Yes	No	No	Trace	No	No	No				No	Trace