

Nutritional Guide Report

3 Nuggets Kid's Meal

Ingredients: Mt Franklin Still Water (Spring Water), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten , Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract.), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil.)

Contains: Natural Sulphites

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
▼ 3 Nuggets Kid's Meal	Permanent	No	Yes	251		1.63		2.82		0.39		6.95		0.11		112.15	
Chips Small	Permanent	No	Yes	166		0.48		1.83		0.25		5.29		0.03		76.39	

6 Nuggets Kid's Meal

Ingredients: Mt Franklin Still Water (Spring Water), Chicken Nugget (Chicken (55%), Flour (Wheat, Maize, Rice), Water, Vegetable Oil, Wheat Starch, Wheat Gluten , Thickener (1442), Salt, Sugar, Minerals Salts (451, 450, 500, 508), Dextrose, Maltodextrin, Yeast, Yeast Extract, Spice Extract.), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil.)

Contains: Natural Sulphites

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
▼ 6 Nuggets Kid's Meal	Permanent	No	Yes	251		1.63		2.82		0.39		6.95		0.11		112.15	
Chips Small	Permanent	No	Yes	166		0.48		1.83		0.25		5.29		0.03		76.39	

Cheeseburger Kid's Meal

Ingredients: Mt Franklin Still Water (Spring Water), Chips (Potato, Vegetable Oil, Modified Potato Starches (1412, 1400, 1414), Rice Flour, Potato Dextrin, Salt, Acidity Regulators (450, 500), Thickener (415), Maltodextrin), Salt Seasoned (Salt 74%, Maltodextrin (Corn), Yeast Extract, Rice Flour, Vegetable Powders (Onion, Garlic), Canola Oil.), Beef Patty 4" (Beef (100%)), Bun (Sesame Glazed 4" (Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten , Sesame Seeds, Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 322 from Rapeseed), Modified Potato Starch (1420), Wheat Malt Flour, Acidity Regulator (334), Vitamins (Thiamin, Folic Acid), Processing Aid (Wheat)), Cheese SOS (Cheese (Made From Cows Milk, Salt, Culture, Microbial/Calves Rennet), Water, Non-Fat Milk Solids (From Cows Milk), Milk Solids (From Cows Milk), Emulsifiers (331(ii), 322(i)), Acidity Regulators (E330), Salt, Natural Cheese Flavour, Colour (160a), Natural Preservative (234)), Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Lactate, Natural Flavours), Sauce Ketchup (Concentrated Tomatoes, Sugar, Concentrated White Vinegar, Salt, Natural Flavours, Food Acid (Citric Acid), Spice), Sauce Mustard (Water, Mustard Powder (15%), Acidity Regulator (260, 270), Salt, Sugar, Thickener (1422), Maize Cornflour, Spice)

Contains: Natural Sulphites

May be present: Added Sulphites

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Serving	Protein	Protein Per Serving	Total Fat	Total Fat Per Serving	Saturated Fat	Saturated Fat Per Serving	Carbohydrates	Carbohydrates Per Serving	Total Sugars	Total Sugars Per Serving	Sodium	Sodium Per Serving
▼ Cheeseburger Kid's Meal	Permanent	Yes	Yes	180		0.52		1.99		0.27		5.75		0.03		83	
Chips Small	Permanent	No	Yes	180		0.52		1.99		0.27		5.75		0.03		83	
Cheeseburger	Permanent	Yes	Yes	0		0		0		0		0		0		0	